Mindify Wellness and Care

Are you seeking expert mental health care? Mindful Wellness and Care offers compassionate, client-centered services to support your unique needs. Our team specializes in psychiatry, therapy, mental health and recovery coaching, medication management, neuropsychological testing, psychological evaluations, telehealth services, and transcranial magnetic stimulation (TMS). From understanding emotional triggers to managing medication and providing innovative treatments like TMS, we're here to help you thrive. Contact us today for personalized care

Business Address:
465 Mt Prospect Ave, Newark, NJ 07104, United States

Business Phone:
+1 732-339-3398

Business Website:
https://mindifyusa.com/

Business Email:
Info@mindifyusa.com

Business Hour:

Tuesday	• 9 am–6 pm
Wednesday	• 9 am–6 pm
Thursday	• 9 am–6 pm
Friday	• 9 am–6 pm
Saturday	• Closed
Sunday	• Closed
Monday	• 9 am–6 pm

Keyword:
Psychiatrist Newark NJ
Psychiatry services Newark
Mental health Newark NJ
Anxiety treatment Newark NJ
Depression therapy Newark
ADHD assessment Newark NJ
Bipolar disorder treatment Newark
PTSD therapy Newark NJ
Child psychiatrist Newark NJ
Adult psychiatrist Newark NJ
Psychiatrist near me
Mental health services near me
Therapist near me in Newark
Psychiatric evaluation
Medication management psychiatry
Mental health diagnosis
Behavioral health services
Cognitive Behavioral Therapy Newark
Dialectical Behavior Therapy Newark
Psychodynamic therapy Newark
EMDR therapy Newark
Feeling anxious Newark
Trouble sleeping psychiatry Newark

Stress management Newark NJ
Mental health support Newark NJ